



**Drug &  
Alcohol  
Services**  
for under 18's

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**y-smart.org.uk**  
**01271 388 162**  
**01392 385 637**

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Y-SMART is a drug & alcohol service for all young people who are under 18 and live in Devon.

Y-SMART can give you help, advice and information about drugs, alcohol and solvents as well as any related health problems.

If you have a problem with drugs, alcohol or solvents and you want help controlling your cravings, making sure your drug use is safe or you want help to stay off drugs, Y-SMART can help.

We can set up treatment and/or relapse prevention programmes. It is our aim to provide you with a level of support YOU need to stay in control. Y-SMART offers a confidential service for young people. Once we have heard from you, one of our friendly staff will be in touch and will talk to you about YOUR issues and YOUR needs.

IF you think that you, one of your friends or your child has a problem or you would like some information or advice please contact us. It is really easy to get in touch either by phone, email or simply fill in the on-line form.

**ALL enquiries will be strictly confidential**

Contact Numbers

Tel: 01271 388162  
01392 385637

Email: [y-smart-mailbox@devon.gov.uk](mailto:y-smart-mailbox@devon.gov.uk)  
Web: [www.y-smart.org.uk](http://www.y-smart.org.uk)

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